### **Mark Your Calendars**

Come join us for Study & Worship Saturday mornings at 10 a.m., Prayer meetings on Wednesday at 7 p.m. and for the following.

Oct 29 Sat 4:00 p.m. Healthy Resolutions Walk Nov 5 Sat 11:00 Communion Sabbath Nov 5 Sat 2:30 p.m. Helping Hands Project Nov 13 Sun Women's & Men's Ministries End-of-Year Luncheon

Nov 17 Thu 6:30 p.m. Church Board Meeting Nov 19 Sat 1:00 p.m. Thanksgiving Potluck Nov 20 Sun 8:00 a.m. Church Work Bee Nov 19-20 Sat/Sun Thanksgiving Baskets Prep/Distribution Dec 1 Thu 6:30 p.m. Church Sanctuary Decorating

Dec 3 Sat 2:30 p.m. Helping Hands Project

Dec 3 Sat 6:30 p.m. Riverside Concert Band Dec 10 Sat 11:00 a.m. Christmas Cantata

Dec 10 Sat 5:00 p.m. Christmas Party

Dec 17-18 Sat/Sun Christmas Baskets

Prep/Distribution
Dec 18 Sun 8:00 Church Work Bee

Dec 19-20 Mon-Tue Young Adult Winter Retreat

Jan 5 Thu 6:30 p.m. Seasonal Décor removal

#### October 2016

# **Coming Up!**

Nov 26 Sat No Potluck



Our church has volunteers visiting the **Helping Hands Pantry** warehouse on the first Sabbath of every month. November 5th is the next opportunity to serve our neighbors. Meet our church and other helpers there at 2:30 p.m.



November 13 will be the **End-Of-Year Luncheon** sponsored by the Women's and Men's Ministries. Plan to bring a friend to introduce to our church in a less "churchy" environment.



Community Services will be giving out baskets of food for Thanksgiving. It's time to start thinking about what you can contribute to the basket at well as plan to help **Prepare and Distribute the Baskets** on November 19 and 20.



Bring your hard hat and a willing heart to the next **Work Bee** on Sunday, November 20. Carlos Lemos always has big plans for maintaining and beautifying our church campus.



Nothing helps kick off the Christmas Season like the **Riverside Concert Band!** December 3 the concert band will bring the joy of the season through music beginning at 6:30 p.m. Invite your friends and family!



Every year our music ministry department creates a program to rival the angels at Jesus's birth. Plan now to attend this year's **Christmas Cantata** on December 10 during the worship service.



The annual while elephant **Christmas Party** is just around the corner. This party is always full of laughter as we enjoy each others company giving and exchanging some of the strangest presents ever. Your friends and family should come and see that Christians can have fun! Mark you calendar for December 10 at 5:00 p.m.

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# **Health Expo**





















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For years now, October has been evangelism month at Colton Seventh-day Adventist Church. The first Sunday of the month is the Health Expo, seen in these pictures. I didn't attend this year but when I look at these pictures my heart is filled with holy pride. My church, these dear people, showed a love "with shoes on" to the community in which our church resides. This is the way Jesus mingled with the world.

Following the Health Expo the Word of God was presented by Pastor Mataafa during an evangelist series. Both members and visitors attended the meetings and were blessed.

Thank-you to all who made these outreach events a success!

Kristi Cruise

All photos by Keith Hong











## My Father's Amazing World - Weird Names part 5

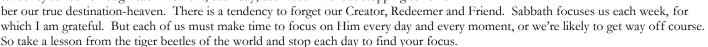
### Tiger Beetles

There is a ridiculous amount of this beetle. As a matter of fact, 2,600 species and subspecies of this beetle are found around the world. They can be diurnal or nocturnal, they live in trees and on land, they can fly, but are famous for their sprinting. This beetle can run 5.6 mph or 125 body lengths per second! If you could run that fast, for your body size, you could run 480 mph. Known also for their fierce predatory abilities, which is likely the source of their name, tiger beetles are of course known for their ferocity. When hunting the beetles put on their tremendous speed. However when observing these predators on the hunt, it has been noticed the beetles stop frequently in the race. Why? There is no doubt that with their speed they should be able to run down any other insect. So why the stopping? It appears the speed of their running impedes their ability to see where they are going. That's right; they have to stop frequently in order to keep from running into something or to just stay on course.

This got me thinking. How often do I run at break-neck speed through life? So often I am consumed with accomplishing my "to do" list that I loose track of where I am going. I loose track of the big picture. I rush through the day to provide for my families physical needs and totally forget their need for my attention. Even while writing this article I got frustrated because my son wanted my attention, but I have a deadline! The irony...

I work so hard for the temporary life I have here. I forget the future life. I forget the One who will give me an eternal future. I forget I can enjoy His companionship *now*.

Perhaps there are so many of these beetles because everyone in the world needs to be reminded that busy-ness can lead to confusion. Jesus knew this would happen to us. This tendency to rush through each moment, each day, each week without stopping to remem-



Kristi Cruise



Species from Africa

Species from Indi

## **Distribution Dates**

The Newsletter will be published once a month on the last Sabbath of the month, except December and July.

November 26 March 25 June 24 January 28, 2017 April 29 August 26 February 25 May 27

If you would like to contribute please submit at least 7 days in advance of distribution date. Please send via e-mail at jrkljjcruise@sbcglobal.net.