

Mark Your Calendars

Come join us for Study & Worship Saturday mornings at 10 a.m., Prayer meetings on Wednesday at 7 p.m. and for the following activities.

May 14 Sat 3:00 p.m. Friends Next Door Bible Club
May 15 Sun 8:00 a.m. Church Work Bee
May 19 Thu 6:30 p.m. Church Board Meeting
May 21 Sat 1:30 p.m. Home Fellowship Potlucks
May 22 Sun Women's Tea
May 28 Sat 11 a.m./2 p.m. Training Seminar

May 29 Sun 1:00 p.m. Sewing Class
Jun 4 Sat 2:30 p.m. Helping Hands Project
Jun 9 Thu 6:00 p.m. VBS Preparation Evening
Jun 11 Sat NO POTLUCK
Jun 12 Sun 8:00 a.m. Church Work Bee
Jun 16 Thu 6:30 p.m. Church Board Meeting

Jun 18 Sat 1:00 p.m. Father's Day Potluck
Jun 23 Thu 6:00 p.m. VBS Preparation Evening
Jun 30 Thu 6:00 p.m. VBS Preparation Evening

March/April/May 2016

COLTON SEVENTH-DAY ADVENTIST CHURCH

Newsletter

We love you Friends Next Door! Have a God filled Summer and we hope to see you next School Year for more funny and educational programs!

Distribution Dates

The Newsletter will come out once a month on the last Sabbath of the Month.

May 28
June 25
July 30
August 27

September 24
October 29
November 26
December 31
January 28, 2017
February 25
March 25

April 29
May 27

If you would like to contribute please submit at least 7 days in advance of distribution date. Please send via e-mail at jrklijcruise@sbcglobal.net.

Letter of Gratitude

To Colton SDA Church,

Thank you...

There's something different about stepping on concrete than stepping on dirt. There's something different about waking up to palm trees than waking up to a rainforest. To be honest, I am excited. I am excited for the unfamiliar and the things I will find I don't know that I don't know. I will be hiking through the Amazons and climbing Machu Picchu that I learned of in high school. I will see the school of Ana and Fernando Stahl who started an SDA education in Peru and who Dr. Teal can't stop talking about. I will find a culture that is not my own and a people who God loves. And although, I know

God's plane ticket is free and He will accompany me once again, I am afraid. I am afraid of planes and not coming back. I am afraid of unfamiliar people and places. But from these past few weeks, I have been nothing, but grateful. And though I will never admit it in person, please know that this letter is tear-stained. Your encouragement and support will not be wasted on this child of God. For if there is anything I've learned, it's that learning should never stop. And as I like to say, God's not finished writing my story. So read on.

A child of God,

Leanne Galvan & Donnie Cristales

Peru Update

Our church was blessed during young adult Sabbath to hear the travel and learning report from Leanne and Donnie. I was amazed to discover the impressive impact the Stahl's had on Peru. They provided education for the poorest residents and totally change the culture in less than 50 years. It was inspiring! I feel proud of our young people who went and learned and also gave back. They will be forever changed and so will our church because of them.

Kristi Cruise



Church Camping Trip

Fun, food, fellowship and fresh air! There is something special about changing the normal routine and getting away as a group. Thank-you Blanc and Ed for sharing your blessings with all of us. Jerry, Rob and Ken provided spiritual refreshment during the Sabbath hours, thank-you. Let's start planning where we want to go next year!



Sabbath potluck. Thank-you Blanca and her helpers who planned and prepared food for us all weekend!



Sunday breakfast another tasty and filling meal to see us home.



Adult Sabbath school led by Ken



Church led by Rob

North Etiwanda Preserve Walk



Taking advantage of a break in the prevailing rainy weather, a contingent from the Colton SDA Church walked the main 3-mile loop through the North Etiwanda Preserve on Sabbath afternoon, March 5. The Preserve is a county-operated facility which maintains a large tract of "alluvial fan" foothill land in an undeveloped and natural condition. There were several remarkable scenic viewpoints along the route.

Jerry Johnson

Helping Hands

On Sabbath afternoon, May 7, a few from our church and a large group from the Korean SDA church met for the first time while bagging oranges for Helping Hands. Our group was composed of the Cruise family and Donnie. Helping Hands provides food for the homeless of our area. Our church also serves as a distribution center. If you want to fellowship and serve come on the first Sabbath of the month at 2205 S Artesia St, San Bernardino, CA 92408. I look forward to learning more about Helping Hands this Sabbath.



**Colton Seventh-day
Adventist Church**

Mailing Address

880 W. Laurel Street
Colton, CA 92324

Street Address

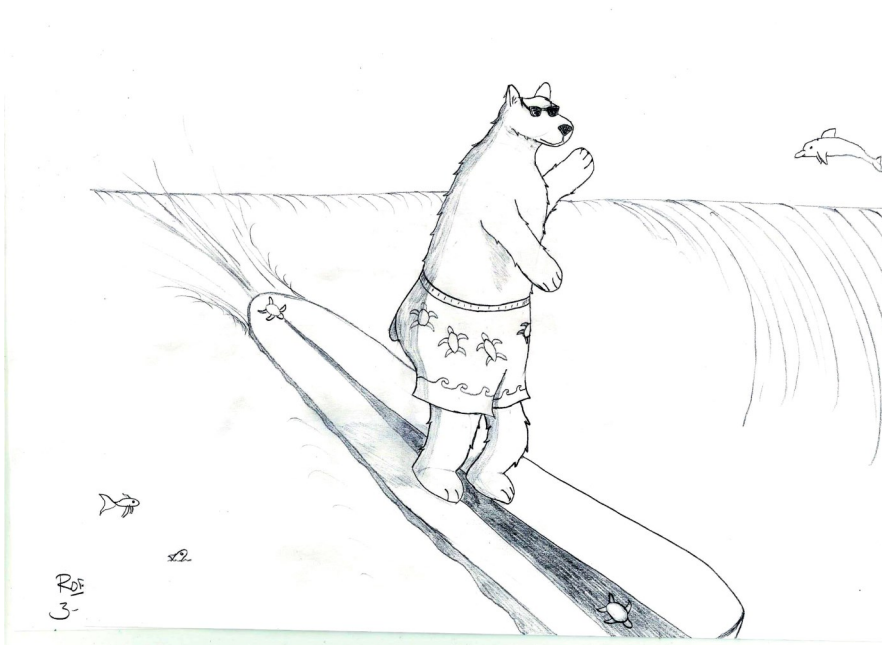
1291 Rancho Avenue
Colton, CA 92324

Phone: 909-825-9344

We're on the Web!

coltonadventist.adventistfaith.org

My Father's Amazing World



Water Bear?!

What is a water bear? Is it a surfing grizzly? Polar bears are known to swim but it's not a polar bear. Water bears are microscopic creatures that are amazing scientists around the world. These eight-legged animals live on mosses in wet environments worldwide. The water bear, also known as moss piglets are ridiculously tough. Found in Hot springs, high altitudes, ice and ocean sediments even space can not kill them. As a matter of fact Tardigrades (scientific name) have been shown to survive:

- ◇ temperatures from 151°C (300°F) to negative 272°C (-450°F)
- ◇ Pressure of 300 times our atmosphere
- ◇ Ultra-violet radiation
- ◇ Cosmic radiation
- ◇ 10 years of deep freeze
- ◇ A vacuum
- ◇ Without food or water for 30 years
- ◇ Dehydration to having only 3% of normal water content (put them back in water and they plump up and go back to eating!)

In DNA studies it has been discovered that these bears have 17.5% foreign DNA. This means they have swapped DNA with other organisms. Scientists are not sure what all of that means yet. To me it is just another demonstration of God's amazing creative abilities!

Kristi Cruise

Drawing by Rob Cruise